



Welcome to an easier way to manage your retirement account!

The Internal Revenue Service has changed the regulations governing 403(b) plans for the first time in over 40 years. The new regulations require that the employer offering your plan, known as the plan sponsor, have a higher level of involvement with and responsibility for their program than ever before.

To help keep your retirement plan in compliance with all of the new regulations, your plan sponsor has selected **planwithease.com** to administer your plan.

In our capacity as plan administrator, **planwithease.com** will act on your plan sponsor's behalf to review and approve loan, withdrawal and contract exchange transaction requests under the plan, as is now required under the IRS regulations.

planwithease.com will:

- provide you with online information about the enrollment process for your plan,
- act as a central location to view a summary of your account (s) with your investment provider(s), and
- offers you basic financial education and calculators to help you manage your retirement savings under the plan.

Let's take a look at planwithease.com!





The planwithease.com homepage allows you to login to view your consolidated account information, access financial education information or use the tools and calculators designed to help you become "retirement-ready". Here is an overview of the information you can access:

Financial Education is where you can learn more about topics such as what a 403(b) or 457(b) plan is, understanding the risks of investing, college and estate planning, and planning for retirement.

Tools & Calculators provides you with information to help you prepare for retirement. You don't have to be enrolled in the plan to access the educational tools... but you do in order to login to the system.

Tips for Getting Started

To ensure that you can receive and view all of the information you will need from **planwithease.com**, please take the following steps as you get started!

- Add customerservice@planwithease.com to your email contacts list, to ensure that you receive all communications from **planwithease.com**.
- Enable "pop-up" windows from **planwithease.com** in your internet browser by going to your Windows Explorer toolbar, click on "Tools" then "Pop-up Blocker" and select "Click-Off Pop-up Blocker".

Logging in

Your initial User ID is your nine-digit Social Security number, and your password is your birth date, in MMYY format. When you log in for the first time, you will be prompted to create your own unique User ID and password.

Once logged in, you will be able to see your personal information, and provide us with your email address to complete your initial log in. All other information changes should be made through your employer.

				Ľ	planwith ease .co
	oria L Participant dsor School District -	103(b)			Log Out
Participant Summary	Personal Info			🛦 Important Me	ssages
rwestments	Victoria L Partic	Victoria L Participant Other e-mail: victoria.participant@email.com		You have 1 message(s) from your plan. Please select a message to view the details.	
Account Summary	Birth date:	10/21/1945		Age 70 1/2	to view the details.
Investment Provider	Birth date: Hire date:	10/21/1945			
Information				At-a-Glance	
Fransactions	Account Summa	ry by Investment Provider		Current status:	Eligible Participating
Investment Provider Elections		Investment Provider	Balance		
Exchanges/Rollovers/			\$18,000.00		
Transfers	Provider 2		\$19,000.00		
Contribution Change			\$51,500.00		
Loans	Account Summa	y Total:	\$88,500.00		
Withdrawals	Account Summa	ry by Money Source			
Transaction History		Money Source	Balance		
Documents	403(b)(7)		\$19,000.00		
	Employee Deferra	1	\$38,500.00		
Reports/Letters	Rollover post-tax	403(b)1	\$15,500.00		
Forms	Rollovers		\$15,500.00		
Personal Profile	Account Summar	v Total:	\$88,500.00		

If you are eligible to participate in the plan, but have not yet enrolled with an approved investment provider, your personal information (as provided by your plan sponsor) will be the only information we will maintain and which will be available for you to view. Once you select an investment provider and complete the enrollment process (including a Salary Reduction Agreement), you will be able to access additional information on **planwithease.com**.

If you aren't contributing to the plan yet – you should also consider enrolling with one of your plan's approved investment providers! Saving through a tax-deferred plan provided by your employer can offer you some great advantages. Be sure to talk to your plan's approved investment providers for more information.

If you are enrolled with an investment provider, you will be able to view a summary of your account, showing each of your investment provider(s) and your contract information.

Values shown are based on information sent to **planwithease.com** by each of your investment providers.

					planwith ease .com
	ia L Participant or School District	403(b) Plan			Log Out
Participant Summary	Personal Info			🛦 Important Me	ssages
Investments	Victoria L Participant Other e-mail: victoria.participant@email.com			You have 1 message(s) from your plan. Plea select a message to view the details.	
Account Summary	Birth date:	10/21/1945		 Age 70 1/2 	
Investment Provider Information	Hire date:	01/02/1980		At-a-Glance	
Transactions	Account Summa	ary by Investment Provider		At-a-Glance Current status:	Eligible Participating
Exchanges/Rollovers/ Transfers		Investment Provider	Balance	Current status:	Eligible Participating
Loans	⊞ ING Life and A	Annuity Insurance Company	\$25,000.00		
Withdrawals	E Provider 1		\$18,000.00		
Transaction History			\$19,000.00		
			\$51,500.00		
Documents	Account Summa	ry Total:	\$113,500.00		
Reports/Letters	Account Summa	ary by Money Source			
Forms	Account Summa	Money Source	Balance		
Personal Profile	403(b)(7)	money counce	\$19,000.00		
Edit Personal Information	Employee Deferra	əl	\$53,500.00		
Password Change	Rollover post-tax	403(b)1	\$20,500.00		
-	Rollovers		\$20,500.00		
Miscellaneous	Account Summar	ry Total:	\$113,500.00		

Distribution Transactions

If you are at a stage in your life where you need to access funds from your retirement plan through a loan, hardship or other type of withdrawal that is available under your plan, **planwithease.com** is the central location through which you will obtain the approvals your investment provider will need to complete the transaction.

For example... if you are eligible to take a distribution from your account, you would simply complete this screen to start the process.

				planwit	th ease .com
	ria L Participant Isor School District 403(b)				Log Out
Participant Summary	Age 59 and a half				
Investments	·				
Account Summary	Select Withdrawal type: Ape 69 and a half				
Investment Provider Information	Your plan allows you to withdraw contrib 59 and a half withdrawal, select the inve-	utions and earnings from y stment provider and enter ti	our 403(b) plan when you have ob he dollar amount from which you y	tain age 59 and a half. To will be making the withdra	o request an Age awal(s).
Transactions				-	
Investment Provider Elections	Available Age 59 and a half Amounts				
Contribution Change	Investment Providers	Available Amount	Amount Available Per Contract	Amount Requested	As of Date
Loans	Provider 1	\$18,000.00			02/25/2009
Withdrawals	ProAccount1		\$18,000.00	\$0.00	
	ProAccount1 Provider 2	\$19,000.00	\$18,000.00	\$0.00	02/20/2009
Transaction History		\$19,000.00	\$18,000.00 \$19,000.00	\$0.00 \$0.00	02/20/2009
Transaction History Documents	Provider 2	\$19,000.00			02/20/2009
	Provider 2 ProAccount2				
Transaction History Documents Reports/Letters	Provider 2 ProAccount2 Provider 3		\$19,000.00	\$0.00	
Transaction History Documents Reports/Letters Forms	Provider 2 ProAccount2 Provider 3 ProAccount3 Total amount:	\$51,500.00	\$19,000.00	\$0.00	

When you have completed the screen and clicked on the "Submit" button, you will receive confirmation of how much you wish to withdraw from each investment provider, not to exceed the maximum amount available.

		planwith ease .com			
	ia L Participant sor School District 403(b)	Log Out			
Participant Summary	Age 59 and a half Withdrawals				
Investments					
Account Summary	Age 59 and a half withdrawal of \$6,000.0D				
Investment Provider Information	Once you agree that the information below is correct, a confirmation will be sent to the email address listed. If the email address is incorrect, blease edd your personal information.				
Transactions	inconect, please <u>son you personal information</u> .				
Investment Provider Elections	Confirmation e-mail address: victoria participant@email.com				
Exchanges/Rollovers/	Investment Providers	Amount Requested			
Transfers	Provider 2				
Contribution Change	Contract Number ProAccount2	\$4,000.00			
Loans	Provider 3				
Withdrawals	Centract Number ProAccount3	\$2,000.00			
Transaction History	Total amount:	\$6,000.00			
Documents	Selecting the 1 AGREE' button will generate an approval letter for each Investment Provider the Investment Provider as confirmation that you have been approved for the withdrawal.	r. You will need to take this approval letter directly to			
Reports/Letters	,	I AGREE Cancel			
Forms					
Personal Profile					

Once you select "I Agree" – confirming that the screen shows the right information – you will see a new dialog box open, letting you know that your approval notice is available. Your main browser screen will also show you confirmation of your request. You will need to print the notice from **planwithease.com**. The approval notice must be sent to your investment provider along with their completed paperwork. The notice gives them the authorization needed to proceed with your request, and to ultimately disburse the funds.

		planwith ease .com®		
	ia L Participant or School District 403(b)	Log Out		
articipant Summary	Age 59 and a half			
vestments	-			
Account Summary	Age 59 and a half withdrawal of \$6,000.00			
nvestment Provider	Your request has been processed.			
ransactions				
rwestment Provider	Your confirmation number is 5358 . You may use this number to reference this transaction in the future. You will receive an email notification at the email specified on your account profile. You may access your account his plannetheese com ⁴ at any time using your usemame and password to view your election(s).			
Elections				
Exchanges/Rollovers/ Transfers				
Contribution Change	This confirmation contains time consistent information. Disease review this confirmation correl	fully and report any discremention by colling your		
Loans	This confirmation contains time sensitive information. Please review this confirmation carefully and report any discrepancies by calling your plan sponsor within 30 days of the date your request was submitted. Failure to report any discrepancy within 30 days will indicate that you are in agreement with your request as recorded in this confirmation.			
Althdrawals				
Transaction History	Thank you for using planwithease.com.			
ocuments	* ING Life insutance and Annuity Company, One Orange Way, Windser, CT 00005-4774, a wholly served, indiferences under the service mark name planwithease.com. Planwithease.com services may not be available in a			
Reports/Letters				
Forms	A confirmation e-mail will be sent to the address listed below.			
ersonal Profile	Confirmation e-mail address: victoria.participant@email.com			
Edit Personal Information	Investment Providers	Amount Requested		
Password Change	Provider 2			
scellaneous	Contract Number ProAccount2	\$4,000.00		
Seneral Information	Provider 3			

The process is the same for many other requested transactions, with the exception of Hardship Withdrawal, Residential Loan requests and Qualified Domestic Relation Order account segregation requests, which require that documentation be sent to **planwithease.com** for review before approval can be granted.

It is that easy!

ING Life Insurance and Annuity Company, One Orange Way, Windsor, CT 06095-4774, a wholly owned, indirect subsidiary of ING Groep N.V., provides these plan administration services under the trade name planwithease.com[®]. planwithease.com services may not be available in all states. ING does not offer legal or tax advice. Seek the advice of a tax attorney or tax advisor prior to making a tax-related insurance and/or investment decision. C09-0626-064 (7/09)